

Warrior Mother: Fierce Love, Unbearable Loss, and Rituals That Heal

Interview Questions

1. You mention in *Warrior Mother*, that it's necessary to find a way to say "yes" to those negative things that happen that we can't do anything about in life. What did you do to be able to say "yes" to what was happening to you through the illnesses and losses of your children?
2. Parenting adult children is a complex challenge. How did your parenting evolve over the lifespan of your children?
3. What would you say were some of the gifts that came to you and your family during the difficult times that you write about in *Warrior Mother*?
4. How have the expressive arts, (i.e. dancing, singing, and storytelling), helped you get through the tough times that you write about in *Warrior Mother*?
5. What did you do to take care of yourself while you were accompanying your adult children through their illnesses and treatments? What advice would you have for others caregiving a loved one through a serious illness?
6. What advice would you have for others care-giving a loved one through a serious illness?